



30 M. FÓMHAIR  
2 D. FÓMHAIR  
2022

TASTE TRAIL • DEMONSTRATIONS • WORKSHOPS • MARKETS  
CHILDREN'S EVENTS • CHEESE & WINE PAIRINGS  
MUSIC • WHISKEY MASTERCLASSES & MORE

RINSE and RE-USE led' thoil ♻️



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# FÁILTE WELCOME

Fearaimid céad míle fáilte romhaibh go Leithinis Chorca Dhuibhne. Más ag fillleadh abhaile atá tú nó anseo go speisialta dár bhféile – is le haghaidh ardchaighdeán bídh 's dí atháimid anseo. Seo an 14ú bliain dúinn bheith ar an bhfód agus is ó neart go neart atá an fhéile ag dul. Thar an deireadh seachtaine beidh deis ag rannpháirtithe na Féile togha de bhia an oileáin seo a bhlaiseadh.

Tá Daingean Uí Chúis bródúil as táirgí áitiúla an cheantair agus tugtar seans do ghnónna beaga a gcuid táirgí a chur i láthair don bpobal a thagann ar cuairt. Tá Forum na bhFeirmeoirí ar siúl arís chun ceisteanna a bhaineann le cúrsaí talamhaíochta is inbhuanaitheacht a phlé.

Bí cinnte de go mbainfidh tú taitneamh as réimse leathan d'imeachtaí spraoi ar fud an bhaile thar an deireadh seachtaine; más ag oscailt na Féile ar an Aoine atá'n tú, nó i measc lucht cheoil ar na sráideanna agus tú ag blaiseadh leat ar an gCosán Blasta.

Ar siúl chomh maith beidh ardranganna na máistrí ar uisce beatha agus fion dos na 'connoisseurs' i bhur measc.

Don óige beidh tarrach ar spraoi i bPáirc an Bhaile le caisleáin phreabarnaigh, Spraoi Míshlachtmhar agus dathú aghaidheanna. Tabhair cuairt ar Sheó Bóthair na nAinmhithe mar a d'fhéadfaí casadh ar réimse créatúirí, idir reptílí, éanlaithe, fheithidí agus mhamaigh.

Gach bliain baineann daoine súp agus sásamh as na stalláí margaidh. I mbliana, glacfaidh suas go 50 díoltóir sráide páirt san fhéile. Beidh suas go 60 ionad gnó an bhaile páirteach sa Chosán Blasta. **Chuir seo, iarrtar oraibh ticéid a cheannach san Oifig chun tacú leis an bhFéile.**

Tá súil againn go mbeidh deireadh seachtaine blasta, taitneamhach agus sábháilte agaibh ag Féile Bia an Daingin 2022. Ag súil le fáilte a chur romhat athuair go Féile Bia 2023 cheana féin.

*We are delighted to welcome you all to the Dingle Peninsula and our festival after a long 2 year absence. Whether you are returning home or simply visiting our festival - we are all doing it for the love of good quality food and drink. The festival is now in its 14th year and continues to grow to the success that it is today.*

*Over the course of the weekend, festival goers can taste some of the finest foods available on our island. Dingle has a proud name when it comes to local produce and this festival allows the smaller producer to showcase their talent to all those that make the journey westwards.*

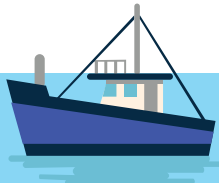
*To kick start the weekend the Farmers Forum is again back this year to discuss all matters concerning agriculture and sustainability on our peninsula. You will be sure to find some entertainment over the weekend, be it at the festival opening party on Friday or along the streets where both buskers and bands perform to help you follow the famous festival Taste Trail. Whiskey masterclasses and wine tastings are on the menu for the experts in your life.*

*For the small tasters, there is sure to be some fun in the town park through bouncy castles to Messy Play and Face Painting. Visit The Animal Roadshow where you can meet a selection of creatures from reptiles, birds, creepy crawlies and mammals.*

*The festival markets are always a hit with visitors with an array of up to 50 vendors present in the town over the weekend. Our famous Taste Trail as mentioned takes in up to 60 outlets around our picturesque town with something for everybody to devour. **Festival goers are asked to support the festival by purchasing taste trail tickets to continue the success of our delicious festival in future.***

*We do hope you have a tasty, pleasant and safe weekend while attending the 2022 Dingle Food Festival and look forward to welcoming you back in 2023 already.*

An Coiste  
Dingle Food Festival Committee



# GO RAIBH MÍLE MAITH AGAIBH! THANK YOU VERY MUCH!

## DÁR N'OIBRITHE DEONACHA TO OUR VOLUNTEERS

N'fhéadfaí an fhéile a chur ar siúl gan obair fhoireann bheag d'oibrithé deonacha. Ó bheith i mbun na hoifige, go heagrú gach imeacht aonair, n'fhéadfaid an fhéile dul ar aghaidh in éagmais na ndaoine áitiúla a tháinig ar bord nuair a iarradh orthu a gcuid ama a thabhairt suas chun cabhrú agus féile na bliana seo a reachtáil. Ba mhaith leis an gcoiste a mbuóchas a ghabháil le gach aon duine acu as a n-obair is a gcúnamh rithábhachtach i rith an deireadh seachtaine.

Anuas air sin, ba mhaith linn buóchas a ghabháil le Comhairle Contae Chiarraí agus An Garda Síochána dá gcabhair le linn na féile.

*The festival would not take place without the work of a small team of crucial volunteers. From manning the office to organising each event, the festival wouldn't be possible without the local people who came on board when asked to give up their time to help organise this years' festival. The committee would like to thank each and every person for their invaluable work and assistance throughout the weekend.*

*We would also like to thank Kerry County Council and An Garda Síochána for all their help and assistance throughout the festival.*

## DÁR N'URRATHÓIRÍ TO OUR SPONSORS

Ba mhaith linn buóchas a ghabháil leis na gnónna iomadúla sa Daingean a chuir urraíocht ar fáil don bhféile. Gan seo ní bheimis in ann an fhéile a chur ar siúl. Tá súil againn go mbainfidh sibh tairbhe as an bhféile, ní i rith an deireadh seachtaine féin amháin, ach anuas air sin ó lucht freastail na féile a bheith ag filleadh ar an gceantar.

*We would like to thank the many businesses in Dingle who provide sponsorship for the festival. Without it the festival could not happen. We hope you will benefit from the festival not only over the weekend but from return visits from festival goers.*

Tá Féile Bídh an Daingin bródúil chun cabhrú leis na carthanachtaí seo le linn na deireadh seachtaine:

*The Dingle Food Festival is Proud to support the following charities over the weekend:*



**Dingle Coast  
& Cliff Rescue**



**Make-A-Wish.**



**Lifeboats**

## STÁITSE AN CHÉ QUAY STAGE

am/time	Saturday / Dé Sathairn	Sunday / Dé Domhnaigh
1-3pm	Patrick & Kay Crouch with/le Tommy O' Sullivan	<b>Dréimire</b> (Mattie Barker, Ben Janning, Katie O'Sonnell)
3-5pm	Jeremy Spencer, Mike Coult, Eoin Duignan, Tommy O'Sullivan	<b>Sliabh Notes</b> (Matt Cranitch, Donal Murphy, Tommy O'Sullivan)

## STÁITSE LÁNA AN ÚLLOIRD ORCHARD LANE STAGE

am/time	Saturday / Dé Sathairn	Sunday / Dé Domhnaigh
1-3pm	Emer & Tadgh Twomey, Kyle Macauley	Patrick & Kay Crouch with/le Tommy O' Sullivan
3-5pm	Caroline Keane, Tom Delany & Teresa Horgan	<b>Vudu</b> (Aaron O'Sullivan) Irish DJ Set

## CEOL SA DAINGEAN MUSIC IN DINGLE

áit	Friday / Dé hAoine	Saturday / Dé Sathairn	Sunday / Dé Domhnaigh
<b>PAUL GEANEYS PUB</b>	<b>9:30PM FESTIVAL CLUB</b> Code of Behaviour	<b>4:15PM PUNJABI</b>  <b>6.00PM</b> Maebh Ní Bheaglaioich & Kyle Macauley  <b>7:15PM</b> Jeremy Spencer & Sean Leahy  <b>9:00PM Super Ceili</b>	
<b>O'SULLIVAN'S COURTHOUSE PUB</b>	<b>6:30PM FULL CIRCLE</b> Blue Grass meets Irish Trad  <b>9:30PM</b> Emer & Tadgh Twomey with Tommy O'Sullivan	<b>6:00PM MNA AN DAINGIN-</b> Caroline Keane, Muireann Nic Amhlaoibh, Teresa Horgan, Niamh Varian-Barry with Gerry O'Beirne  <b>8:00PM</b> Mick & Dec  <b>9:30PM</b> Eoin Duignan, Mike Coult & Tommy O'Sullivan	<b>6:00PM</b> Jeremy Spencer, Eoin Duignan, Mike Coult  <b>9:00PM FESTIVAL CLUB SLIABH NOTES</b>
<b>JOHN BENNY'S PUB</b>	<b>9:15PM MAIN BAR</b> Eilis Kennedy, Jeremy Spencer, Jon Sanders	<b>7:00PM GREEN ROOM</b> Subterranean Soul VS The Big Payback, Funk & Soul	
<b>DINGLE BAY HOTEL</b>		<b>3-5:00PM THE BLOW-INS</b>	<b>3-5:00PM</b> Brady Elliot
<b>DICK MACK'S PUB</b>	<b>9:00PM SING-A-LONG SOCIAL</b>		
<b>DINGLE PUB</b>	<b>6:00PM SONAS</b>  <b>10:00PM SUPER CEILI</b>	<b>3:00PM 2TONED</b>  <b>6:30PM</b> Gearoid McCarthy & Eddie Whelan  <b>10:00PM</b> Gearoid McCarthy & Eddie Whelan	<b>6:00PM</b> Nicole Delaney & Kyle Macauley  <b>9:00PM</b> Peter McManon & Bian Scannell
<b>McCARTHY'S PUB</b>	<b>9:30PM DE VICES</b>	<b>9:00PM DJ SET</b>	
<b>NELLIGAN'S BAR</b>	<b>8:30PM OPEN SESSION</b>	<b>6:30PM OPEN SESSION</b>  <b>8:30PM OPEN SESSION</b>	<b>8:30 PM OPEN SESSION</b>



## SING ALONG SOCIAL

Clós Dick Mack 9in | Dick Mack's Yard 9pm

### Tá an Sing Along Social thar n-ais!

I mbliana, chun ceiliúradh a dhéanamh ar fillleadh na ngradam agus craic beo, tá Blas na hÉireann tar éis cuireadh a thabhairt do chór spraoiúil, neamhdhúthrachtach Aoife McElwain teacht thar n-ais i gcomhair cóisire! Dhein an imeacht thar a bheith speisialta seo an baile a chur ag preabarnach agus bain sé amach na cinnlínte náisiúnta ar a chuairt dheireanach! Níl dabht ach go mbeidh poirt amhrasacha, rince agus craic go maide sceana!

Beidh an Sing Along á óstú ag Blas na hÉireann chun ceiliúradh a dhéanamh ar na táirgeoirí iontacha bia ó ar fud na hÉireann go bhfuil babhtáí ceannais gradaim na bliana seo bainte amach acu. Cuirfear fáilte roimh gach duine atá ag freastal ar an bhféile teacht agus bheith páirteach sa spraoi.

### *The Sing Along Social is back!*

*This year to celebrate the return of the in person awards and festivities Blas na hÉireann has invited Aoife McElwain's feel good, fun filled, zero commitment choir back for a party! This very special event rocked the town and made national headlines on her last visit! Cheesy tunes, dancing and sheer craic are guaranteed.*

*The Sing Along is being hosted by Blas na hÉireann to celebrate the amazing food producers from all over Ireland who have made it to the finals of this year's awards. All festival attendees are invited to come along and join in the fun*

## CÓISIR OSCAILT NA FÉILE FESTIVAL OPENING PARTY

Tabhairne Geaney's, 10in | Geaney's Bar, 10pm

### Code of Behaviour

Is bann práis Éireannach iad Code of Behaviour atá bunaithe i gCorcaigh. Bíonn idir snagcheol, pop agus func le cloisint ina stíl agus bíonn rud éigin ann do gach éinne. Ina seit bíonn poirt chlaisiceacha den ghnáth-snagcheol, agus meascán de leagain de phoirt chomhaimseartha aitheanta agus a gcuid cumadóirachta féin. Tá siad faoi anáil bannaí leithéidí Youngblood Brass Band, The Hot 8 Brass Band agus Booka Brass Band. Bunaithe i Meán Fómhair 2017, thosnaigh Code of Behaviour amach ag buscáil ar na sráideanna le linn Fhéile Snagcheoil Chorcaigh agus tá cáil amuigh orthu as "beocht a chur thar n-ais ar shráideanna na cathrach". Tá an banna comhdhéanta de thrumpaí, trombóin, mellofóin, sousafón agus drumáí, le canadh (agus rince) anois agus arís anuas air sin. Fair amach don ngrúpa timpall an baile.

*Code Of Behaviour are an Irish brass band based in Cork City. Their style varies between jazz, pop & funk & appeals to all musical tastes. The set consists of traditional jazz standards, mixed modern covers & originals. They are influenced by bands such as Youngblood Brass Band, The Hot 8 Brass Band & Booka Brass Band. Set up in September 2017, Code of Behaviour made their debut busking on the streets during the Cork Jazz Festival & are known for "livening up the streets of Cork". The band consists of trumpets, trombones, mellophones, sousaphone and drums, with occasional singing (and dancing) thrown in the mix. Super sounds you won't want to miss out on.*

## SIAMSAÍOCHT SRÁIDE STREET ENTERTAINMENT

Saturday, Sunday Code of Behaviour

Sunday Splanc Dingle Carnival Band

## AN TURAS MÓR

Abhaile Go Daingean Uí Chúis | Home to Dingle  
Satharn 5in-7.15in | Saturday, 5pm-7.15pm



### I gComhpháirt le Féile Bia Dhaingean Uí Chúis

Tá Samhain, Oíche Chinn bhliana na bPágánach, ar tí tosnaíthe. A cur i láthair i gcomhpháirt le Féile Bia Dhaingean Uí Chúis. Beidh an seó tine ar siúl ó 5 go 6in, agus ina dhiaidh sin beidh an Oscailt Oifigiúil le ceol ó Chorca Dhuibhne ag críochnú lenár dtaispeántas de thinte ealaíne a thosnóidh le dul faoi na gréine (timpeall 7in).

### In association with the Dingle Food Festival.

The Pagan New Years Eve is upon us and the Festival of Samhain is about to begin. Presented in association with Dingle Food Festival. The event will present the fireshow from 5pm-6pm followed by the Official Launch with music from West Kerry and culminating in our Fireworks Display commencing at sunset (approx. 7pm)

## CÓISIR CHLABHSÚR NA FÉILE FESTIVAL CLOSING PARTY

Sliabh Notes

Tabhairne Tigh na Cúirte, Domhnach 9in

O'Sullivan's Courthouse Pub, Sunday 9pm

Cuir sméar mullaigh ar fhéile na bliana le togha an cheoil traidisiúnta. Beir greim ar do phairtnéir agus bí ullamh le bheith ag rince seiteanna go meánoiche na gcat!

Close out the 2022 Dingle Food Festival in style with some of the finest traditional music to be found. Grab a partner and get ready to set dance into the late hours!

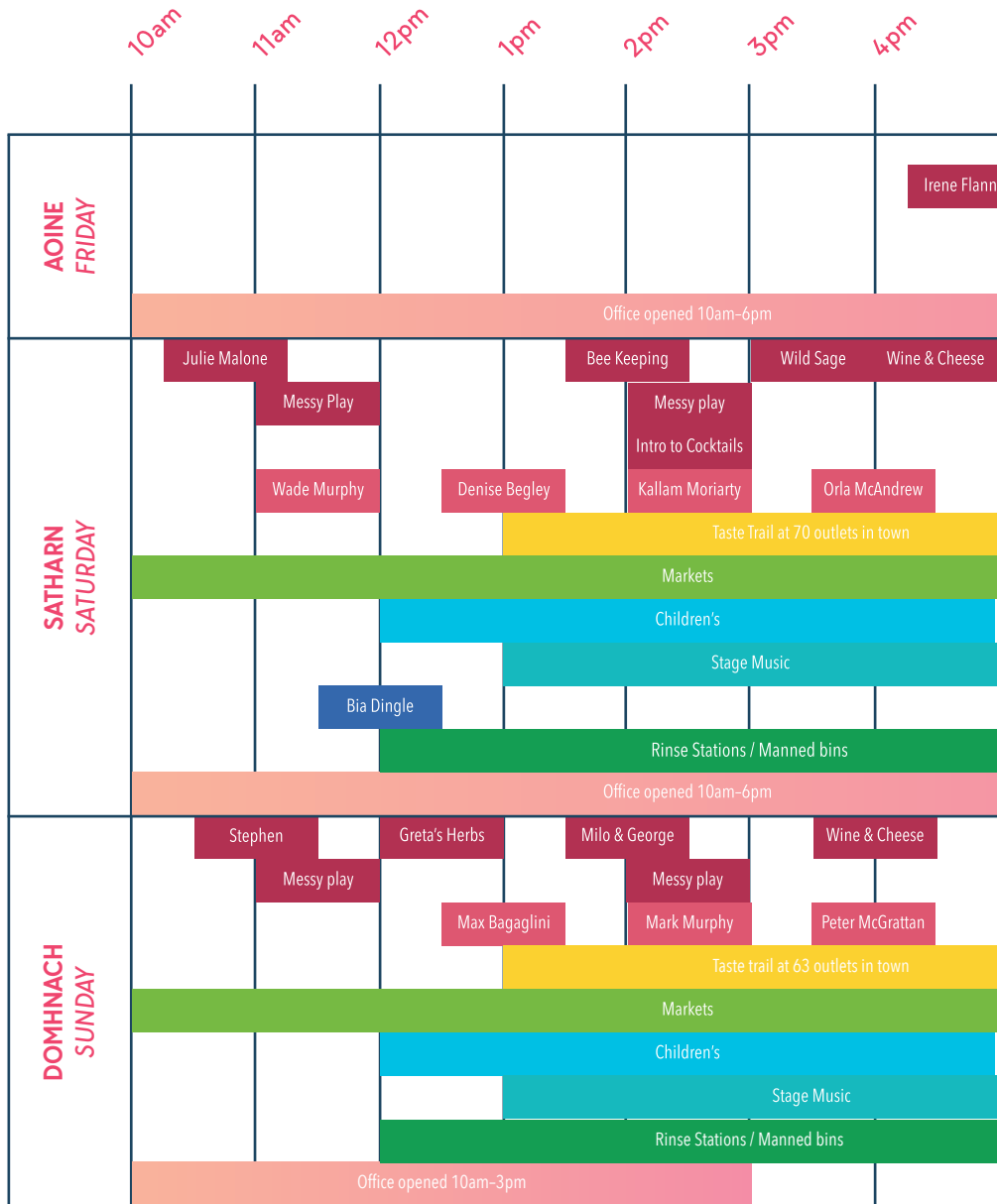
Siamsaíocht urraithe ag | Entertainments sponsored by:



Fitzgerald's  
Homevalue



Sysco



**Eochair Key** →

Demos

Workshops

Taste trail

Entertainment



5pm

6pm

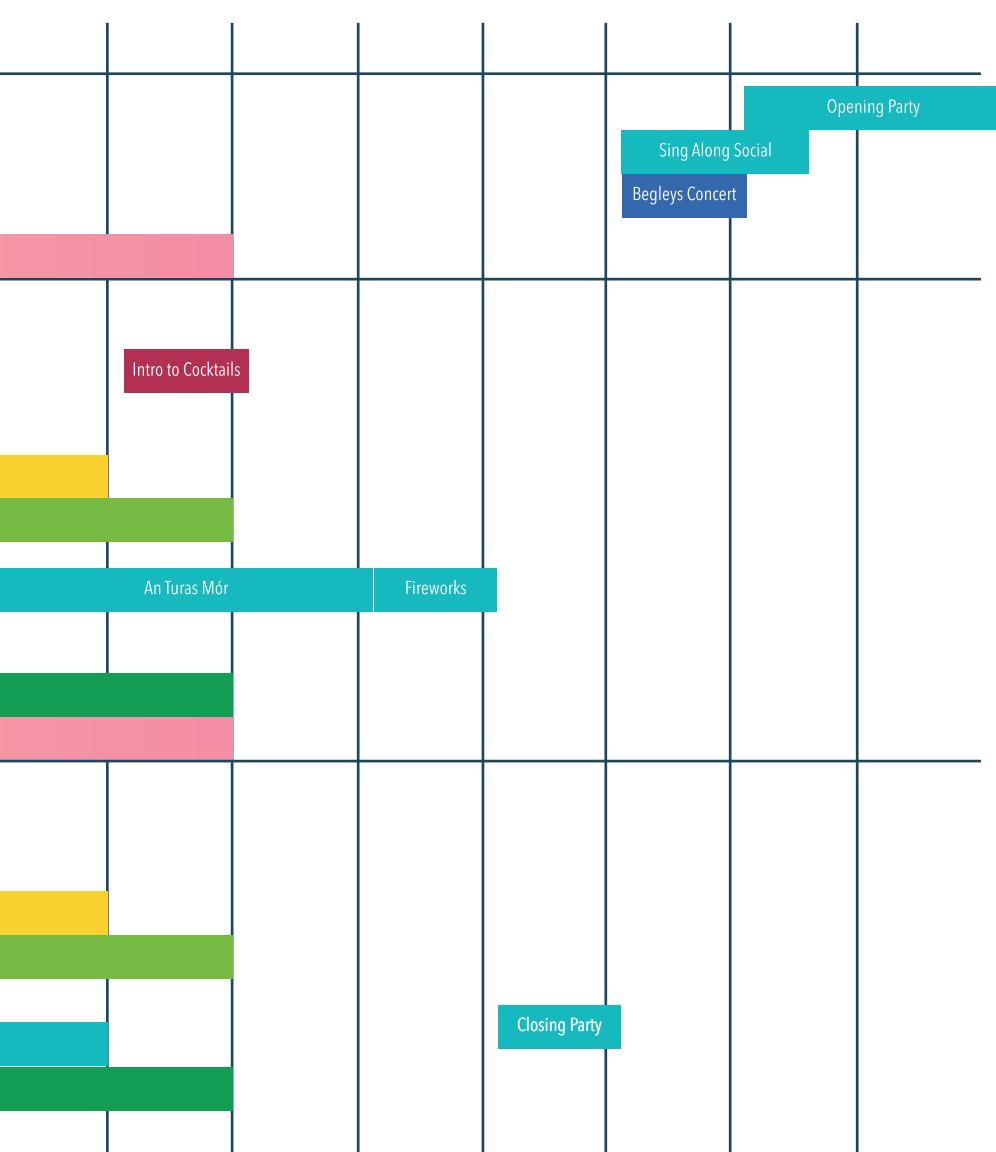
7pm

8pm

9pm

10pm

11pm



Children's

Other

Markets

Rinse stations

Festival office



## Wade Murphy, 1826 Adare

Elegant Comfort Food

Dé Satharn 11rn | Saturday 11am

St James' Church

Saor | Free

Taispeánfaidh an chef duaisbhuachach a bhíonn le feiscint ar an teilifís go rialta, Wade Murphy, ó 1826 Adare, conas roinnt de na míasa is ansa leis a réiteach. Ag tabhairt nodanna agus smaointí faoi chonas úsáid a bhaint as comhábhair Éireannacha d'ardchaighdeán chun iontas a chur ar an gclann ar fad.

Chaith chef Wade Murphy tréimhsí ag obair i roinnt de na cistiní is fearr ar fud an domhain agus, dar ndóigh, in Éirinn, agus tá sé díreach tar éis duaiseanna 'laoch bia áitiúil', chef is fearr, agus bialann is fearr i Luimneach do 2022 a bhaint amach do 1826 Adare. Ó Loch Garman dó ó dhúchas, le grá mór don mbia. Bhí sé cheana ag Lisloughrey Lodge agus The Lodge at Doonbeg. Sa bhliain 2013 chuaigh Wade agus a chéile Elaine sa tseans, ag oscailt 1826 Adare ina contae dúchais Luimneach.

*Multi award winning chef and TV regular Wade Murphy from 1826 Adare, will demonstrate how to cook some of his favourite dishes. Giving tips and ideas on how to use quality Irish ingredients to impress all the family.*

*Wade Murphy has worked in some of the top kitchens in around the globe and of course Ireland and has just been awarded local food hero, best chef along with best restaurant with in Limerick 2022 for 1826 Adare. A Wexford native with a grá for food. Previously of Lisloughrey Lodge and The Lodge at Doonbeg, Wade along with his wife Elaine decided to take a leap of faith in 2013 and open 1826 Adare in her native county of Limerick. You can regularly see Wade on TV and will always see him at the pass in 1826 when the restaurant is open. 1826 Adare has been awarded a Bib Gourmand from the MICHELIN Guide.*



## Denise Uí Bheaglaoich, An Riasc B&B

Blaiseadh na maidne ón Riasc B&B

Dé Satharn 12:30in | Saturday 12:30pm

St James' Church

Saor | Free

Bí im' theannta do bhlas de roinnt dá mbíonn ar fáil ag ár mbricfeasta @anriasc.

Beidh mé ag léiriú conas beocht a chur sa choirce agus sna huibheacha - ag claoclú na comhábhar is simplí ina iontaisí 5 réalt do na putóga leis an méid is lú ullmhúcháin agus an líon is mó sásaimh do chorp, anam agus intinn.

Is mise Deinis. Táim i bhfeighil An Riasc B&B, tigh lóistín duaisbhuaicach. Is breá liom bia a déantar go háitiúil ag baint úsáid as comhábhair áitiúla.

*Come join me for a taste of some of our breakfast offerings @anriasc.*

*I will be demonstrating how to umph up those oats, and eggs - transforming the simplest of ingredients into 5-star delights for the gut with the minimum of preparation and maximum satisfaction for the body, soul and mind.*

*I'm Denise & I run An Riasc B&B, an award winning guesthouse. I love food which is made using locally sourced ingredients.*

# TAISPEÁNTAISÍ DEMONSTRATIONS



## **Kallam Moriarty**

Milseoga Beoga | *Desserts to Impress*

Dé Satharn 2in | *Saturday 2pm*

St James' Church

Saor | *Free*

Slite saoráideacha chun milseoga bialanna a dhéanamh a chuirfidh cluain ar chairde agus clann ag do chéad cóisir dhinnéir eile. Chef taosráin le grá do gach rud milis. Dhein mé staidéar ar na hEalaíona Cócaireachta in IT Thrá Lí, ach b'é an rud ba mhó a thaitin liom riamh ná milseoga.

*Restaurant style desserts made easy to impress your friends and family at your next dinner party. Self-taught pastry chef with a love for all things sweet. Studied Culinary Arts at Tralee I.T but my main passion has always been desserts.*



## **Orla McAndrew Food**

Canapéanna Séasúracha | *Seasonal Canapés*

Dé Satharn 3:30in | *Saturday 3:30pm*

St James' Church

Saor | *Free*

Ag léiriú conas canapéanna séasúracha a dhéanamh ag baint feidhm as togha na mbunábhar Éireannach. Tá Orla McAndrew ar cheann de na lónadóirí bainise agus imeachta is fearr in Éirinn. Is duine gairmiúil cruthaitheach duaisbhucach í go bhfuil gnó nua díothú bruscair do bhainsí agus imeachtaí in Éirinn a sheoladh. Tá sí thar a bheith dírithe ar cheiliúradh a dhéanamh ar thogha agus rogha de lucht bia na hÉireann.

*Demonstrating easy to produce seasonal canapés showcasing the best of Irish ingredients. Orla McAndrew is one of Ireland's leading wedding and event caterers. She is an award winning creative professional who has just launched a brand new zero waste concept for Irish weddings and events. Hyper focused on celebrating the very best of Irish food heroes.*



## **Massimiliano Bagaglini, Convivium Italian Gourmet**

Blaise don Iodáil | *A taste of Italy*

Dé Domhnaigh 12:30in | *Sunday 12:30pm*

St James' Church

Saor | *Free*

Bíonn Massimiliano (Max) Bagaglini le feiscint go rialta ar Today with Maura and Dáithí. Tá Max ag cócaireacht ó bhí sé ina leanbh sa chistin lena "Nonna Maria" ag déanamh gach rud ó na bunábhair bunúsacha. Tágrá aige do bhia maith agus comhábhair d'ardchaighdeán, sa bhliain 2016 thosnaigh sé gnó soláthar cáise, "Once Upon a Cheese", ag freastal ar bhialanna, óstáin agus ollmhairgí.

*Massimiliano (Max) Bagaglini features regularly on Today with Maura and Dáithí. Max has been cooking since he was a child in the kitchen with his "Nonna Maria" doing everything from scratch! Love and passion for good food and quality ingredients. His passion became his business and in 2016 he started the Italian cheese production "Once Upon a Cheese", supplying hotels, restaurants and supermarkets.*



### Mark Murphy, Dingle Cookery School

Deoraí le hAnlann Cainnínne agus Iascáin

John Dory, Leek and Mussel Sauce

Dé Domhnaigh 2in | Sunday 2pm

St James' Church

Saor | Free

Píoc suas cúpla cleas ó Mark ó Scoil Chócaireachta an Daingin faoi chonas iasc a chócaráil agus a chur le bia oiriúnach eile go foirfe.

Ó 2014 ar aghaidh tá Scoil Chócaireachta an Daingin ag cabhrú le daoine a bheith chomh maith de chócairí agus ba mhaith leo. Aimsigh rang cócaireachta oiriúnach duitse ag [www.dinglecookeryschool.com](http://www.dinglecookeryschool.com).

*Get some tips from Mark from Dingle' Cookery School on how to cook and pair fish perfectly every time.*

*Since 2014 Dingle Cookery School has been helping people to become the cooks they always have wanted to be. Find a cookery class to suit you at [www.dinglecookeryschool.com](http://www.dinglecookeryschool.com).*



### Peter McGrattan, Chapter One

Milseáin Seacláide | Chocolate Bonbons

Dé Domhnaigh 3:30in | Sunday 3:30pm

St James' Church

Saor | Free

Taispeántas ar phróiseas déanta agus lámh-phéinteála milseáin seacláide.

Ag tosnú amach dó in aois a 15 ag obair i saol na cócaireachta, ó shin tá Peter tar éis dul ar aghaidh le bheith ag obair i réimsí difriúla d'earnáil an fháilteachais, ó Óstáin 5 Réalta go bialanna Réalta Michelin. "B'é an taosrán an chuid is fearr den chócaireacht agamsa riamh, de bharr na féidearthachtaí cruthaitheacha gan teorainn atá ann chun milseoga blasta, uathúla tarraingteacha nua a chumadh. Ní éirím braon de riamh agus ní stopann tú riamh ag foghlaim."

*A demonstration on the process of making hand-painted chocolate bonbons.*

*Beginning his culinary career in Dingle at 15, Peter has since gone on to work in a variety of areas in hospitality sector from 5 Star Hotels to Michelin starred restaurants. "Pastry has always been my preferred section in a kitchen, the endless creative possibilities for producing unique, attractive and flavorful desserts keeps everyday interesting. You never stop learning."*

Taispeántaisí urraithe ag | All demos sponsored by:



# FÓRAM NA BHFEIRMEOIRÍ FARMER'S FORUM

LÍOS POIL ABU

Fóram na bhFeirmeoirí | *Farmer's Forum*  
Guthanna ón nGort | *Voices From The Field*  
Aoine, 8in | *Friday 8pm*  
An Díseart, Green Street Dingle



## Spaces Limited – Book via Website

I mbliana beidh Fóram na bhFeirmeoirí ag féachaint ar chonas mar a d'fhéadfadh feirmeoirí i gCorca Dhuibhne éagsúlú mar shlí chun dul i ngleic leis an athrú aeráide. Tabharfar cur síos ar **Chorca Dhuibhne Inbhuanaithe**, tionscadal gníomhaíochta aeráide chruthaithí go bhfuil 10 teaghlach feirme páirteach ann ar fud na leithinse. Beidh an fóram ag féachaint ar an mbealach go bhfuil na feirmeoirí seo ag lorg slite inmhharthana chun deileáil le ceann de na dúshláin is mó atá ag cur isteach ar an earnáil seo.

Ag obair leis an ealaíontóir Lisa Fingleton, tá an 10 teaghlach tar éis fiosrú a dhéanamh ar a roghanna éagsúlaíthe, le hagra-turasóireacht, feirmeoireacht orgánach, díleá anaeróbach, tairgíocht bhia bhreisluaicha, agus feirmeoireacht ar mhaithe an dúlra. I dteannta Lisa, tá siad ag obair chun fis a chruthú don bpobal feirmeoireachta faoin tslí go bhféadfadh an earnáil aistriú thar an deich mbliana nó mar sin amach romhainn.

Don imeacht seo, roinnfidh Lisa a taithí de bheith ag obair leis na feirmeoirí le hocht mí anuas, ag tarraingt ar an am a chaith sí ag cur aithne orthu agus ag fáil tuiscint ar na dúshláin atá rompu. Ina dhiaidh seo beidh plé le painéal (cuirfear fáilte roimh ionchur ón lucht éisteachta!), ag díriú isteach ar roinnt réitigh, slabhraí gearra bia ina measc. Beidh na feirmeoirí ar an tionscadal inár dteannta, chomh maith le daoine ón earnáil áitiúil bialainne agus tairgíochta, leis an chef Martin Bealin agus baill de Bia Dingle ar na daoine san. Tabharfar an imeacht chun críche le himeacht bia 'Pot Luck' – faoin aer má bhíonn an aimsir chuige, laistigh mura mbíonn!

This year's Farmers' Forum looks at how farmers on the Dingle Peninsula can diversify in the face of climate change. Featuring **Corca Dhuibhne Inbhuanaithe**, a Creative Climate Action project involving ten farming families from across the peninsula, the Forum will look at how these farmers are seeking viable solutions to one of the biggest challenges facing the sector.

Working with artist, Lisa Fingleton, the ten farming families have explored diversification options, including Agri-tourism, organic farming, anaerobic digestion, value added food production and farming for nature. With Lisa, they are working to create a vision for the farming community of how the sector can transition over the coming decade and beyond.

For this event, Lisa will share her experiences of working with the farmers over the last eight months, drawing on the time she has spent getting to know them and understanding the challenges they face. This will be followed by a panel discussion, (input from the audience will be welcome!) focusing on some solutions, including short supply food chains. We will be joined by the farmers participating in the project, and others from the restaurant and food production sector locally, including Chef, Martin Bealin, farmer Colm Murphy, Joan Maguire and members of Bia Dingle the Corca Dhuibhne Food Network. The event will conclude with a 'Pot Luck' food event – out of doors if the weather is kind, indoors if it's wet and windy!

This event is co-ordinated by the Dingle Hub, lead partner in Corca Dhuibhne Inbhuanaithe, and is funded by the Creative Climate Action Fund and Science Foundation Ireland. Corca Dhuibhne Inbhuanaithe, a Creative Imagination is a partnership between the Dingle Hub, the Green Arts Initiative of Ireland and MaREI.



Fondúireacht Eolaíochta Éireann  
Dá bhfuil romhainn  
Science Foundation Ireland  
For what's next

# TASTE TRAIL

## TICÉIDÍ AMHÁIN TICKETS ONLY

### \*NO CASH\*

An raibh a fhios agat go dtagann formhór an ioncain chun an fhéile a reachtáil ó dhíolachán ticéidí don gCosán Blasta. In ainneoin go bhfuil fás as cuimse tagtha ar an bhféile, níl fás dá réir tagtha ar dhíolachán leabhar. An chúis leis seo ná go mbíonn lucht freastail na féile ag úsáid airgid seachas leabhair a cheannach. I mbiana, arís, tá iarrtha ag an gcoiste ar na gnónna ar an gCosán Blasta gan an rogha airgid thirim a chur ar fáil.

B'é aidhm bhunigh na féile riamh anall ná go n-oibreodh an Cosán Blasta ar thicéidí amháin chun go mbeadh ioncam leis an bhféile a reachtáil gach bliain. Táimid ag impí ar gach éinne i mbliana lucht freastail na féile agus gnónna ar an gCosán araon, tacú le córas na dticéidí don bhféile.

Bíonn 6 thicéid i ngach leabhar don gCosán Blasta, gurbh fhiú €3 gach ceann acu. Is é praghas an leabhair €20, le €2 ag dul i dtreo reachtáil na féile. Tá súil againn go n-aontaíonn sibh gur fiúntas maith dod' chuid airgid is ea é €20 a dhíol ar gach a chuireann an fhéile ar fáil le linn na deireadh.

Bíonn ticéidí ar fáil le ceannach i rith na deireadh seachtaine in Oifig na Féile, atá lonnaithe taobh le Tabhairne Uí Fhlatharta ar Shráid an Droichid, in úrlár talún Base Dingle.

Uaireanta oscailte:  
Aoine/Satharn 10rn – 6in  
Domhnach 10rn – 3in

Beidh ticéidí ar fáil leis ó thob-mhoil ticéidí na féile, a bheidh le fáil ag na láithreacha seo a leanas:

- Oifig na Féile – Sráid an Droichid
- Bothán Búí – Bun na Príomhshráide
- Bothán Búí – Barr na Príomhshráide
- Bothán Bándearg – Crossaire Sráid an Trá

*Did you know the main income to run the festival comes from the sale of taste trail ticket books? Despite the festival growing massively the sale of books has not followed in line. The reason for that is because festival goers are using cash instead of buying books. This year again, the committee has asked all taste trail businesses not to offer a cash option.*

*The original aim of the festival was always for the trail to operate on tickets only so there was an income to actually run the festival annually. We are asking everyone this year, festival goers and businesses on the trail, to please support the tickets for the festival.*

*A book of Taste Trail tickets contains 6 tickets, worth €3 each. The cost of the book is €20 with €2 going towards the successful running of the festival. We hope you agree €20 for what the festival offers all weekend is very very good value for money.*

*Tickets are available to purchase on the weekend at The Festival Office, which is located next to O'Flaherty's Bar on Bridge Street, on the Ground Floor of Base Dingle.*

*Opening hours:  
Friday/Saturday 10am – 6pm  
Sunday 10am – 3pm*

*Tickets will also be available from POP-UP festival ticket hubs which can be found at the following locations:*

- Festival Office – Bridge Street
- Yellow Hut – Bottom Main Street
- Yellow Hut – Top Main Street
- Pink Hut – Strand Street Junction

# THE TASTE TRAIL

## 1-5pm SATURDAY & SUNDAY

#	Ainm	Tíceíd Amháin	Sat	Sun	Opt*
1	The Boatyard Restaurant	Crayfish risotto arancini			
2	Marina Inn	Steamed Glenbeigh mussels with a Spanish chorizo and tomato broth			✓
3	James Long's	Racklette bites			✓
4	Harringtons	Deep fried chocolate bar			✓
5	The Green Room @ John Bennys	Charred pineapple mini-margaritas			✓
6	Murphy's Ice Cream	Murphy's ice cream cake slice or Murphy's raspberry mocktail			✓
7	Dingle Bay Hotel	Creamy Dingle Bay cod and prawn tartlet			
8	Dingle Ahoy! Fish & Chips	Fresh fish from the grill			✓
9	Sheehy's Fish & Chip Takeaway	Seafood Chowder			✓
10	Bosca Bia, The StoneHouse	Smoked salmon, horseradish, cream cheese courgette roll	Later	Later	✓
11	Cupán Sé	'Brownie' Cupán Sé			
12	Tango Street Food @ The Hatch Strand House	Artisan crafted empanadas (1 ticket per empanada)			
<b>*RINSE STATION HERE* be a taster not a waster, rinse and reuse!</b>					
13	Kool Scoops	Hot waffle with ice cream			
14	Solas	Chorizo croquette			✓
15	Prosecco Party @ Paddy Bawns	"The Small Fizz"			✓
16	MexWest @ Paddy Bawns, outback	Corn nachos	Sat only		
17	Pickle Ricks @ Paddy Bawns, outback	Nashville hot chicken skewers with ranch dip			✓
18	Kinsale Mead Co. @ Paddy Bawns	Mead food pairing			
19	Murphy's Ice Cream	Murphy's ice cream cake slice or Murphy's raspberry mocktail			
20	Dingle Fudge @ Dingle Goldsmith	Chocolate fudge	Sat only		
21	Cumann Peil Ban Daineann Uí Chúis @ Garveys SuperValu	Apple and cinnamon crumble with pumkin and ginger crust			



#	Name	Ticket	Sat	Sun	Opt*
22	Seed & Soul	Asian noodle salad			✓
23	Dingle Sushi @ Uisce Saddlery	Two pieces of sushi			✓
24	My Boy Blue	Our famous chocolate brownies and warm salted caramel sauce			
25	Reel Dingle Fish	A Reel cone			
26	Dingle Food Company @ O'Flaherty's Bar	Darcy's fishcakes, lime and chilli aoiili			
27	Sheehy's Spar	Taste of spar			
28	Wild Wines @ Kathless McAullifes	Organic wines			
29	Crinkle Stores	Golden Bean nitro coffee			✓
30	Skellig Chocolates @La Boheme	Skelligs chocolate			
31	The Little Cheese Shop	Raclette with pickles			
32	Dingle Cookery School	Braised beef with pickled carrot salad			
<b>*RINSE STATION HERE* be a taster not a waster, rinse and reuse!</b>					
33	H O Neill - Dillon Gallery	Sticky BBQ ribs	Sat only		✓
34	Bean in Dingle	Baileys Espresso Shot			✓
35	Dingle Candle	Marie Antoinette's tea time delights	Sat only		✓
36	Dingle Crystal	Homemade Limoncello			✓
37	Chorca Dhuibhne Food Network, Bia Dingle	Solas @ Home - a new range of dips, spreads, and sauces from Chef Nicky Foley of Solas Restaurant			✓
		Mex West - Nachos w/Annascaul black pudding crumble and Dingle goat cheese	Sun only		
38	Cáis	Basil lemonade slushie			✓
39	Dick Mack's Brewhouse	Half pint of our in-house brewed beers			✓
40	The Fish Box	Mini Prawn Cocktail			
41	Wines Direct @Carol Cronins	Taster glass of wine			✓

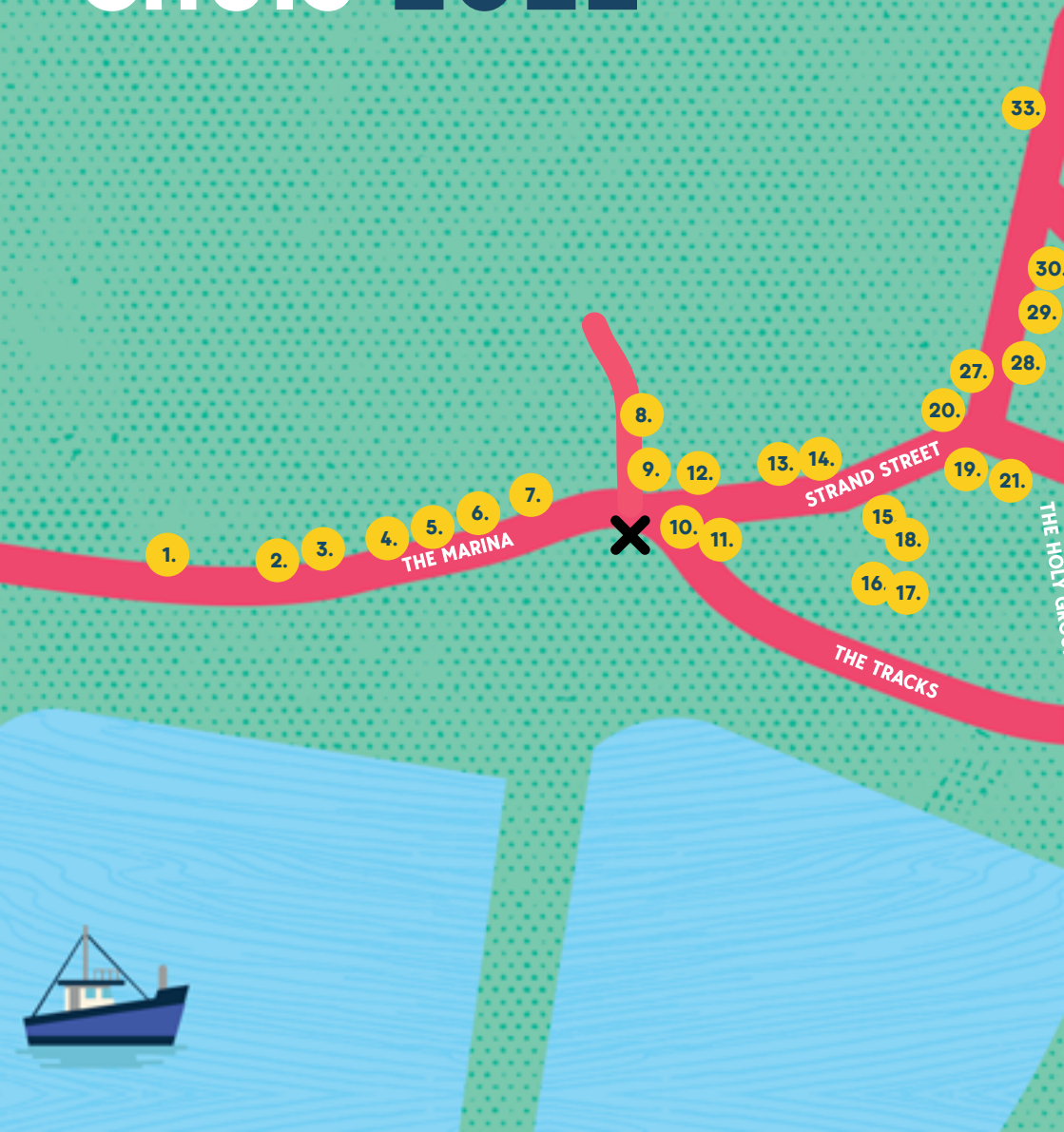


# THE TASTE TRAIL

## 1-5pm SATURDAY & SUNDAY

#	Name	Ticket	Sat	Sun	Opt*
42	Valentia Ireland Vermouth @ Outwest	Valentia Island Vermouth			
43	McCarthy's Bar	A choice of 2 shot sized cocktails			
44	Ballyhar Farm Produce @ Kennedy's Bar	A taste of Kerry organic rosé veal or pastured organic chicken			
45	Dó	Benvenuto			
46	Blenders @ Currans Pub	Fish Curry			✓
47	Micilín Muc @ Centra	The Micilín Muc brunch box	Sat only		
48	13bandon	Australian wine	Sat only		
49	The Lantern Townhouse	Summer rolls			
<b>*RINSE STATION HERE* be a taster not a waster, rinse and reuse!</b>					
50	Little Italy Restaurant & Pizzeria	Italian sausage panini			✓
51	Kennedy's Butcher	Meere's gourmet sausage rolls			
52	Dingle Distillery @ Orchard Lane	A taste of Dingle Distillery			
53	Lord Bakers Restaurant	Fresh cromane oyster with tabasco and black pepper and fresh lemon	Sat only		
54	Dingle Benners Hotel	Sticky chicken bao bun			
55	Land to Sea	Ventry rabbit and girolles terrine			✓
56	Paul Geaney's Bar	Seafood Chowder			✓
57	The Dingle Pub	Dingle Sea Skins			✓
58	Ashe's Seafood Restaurant	Bloody Mary oyster shot	Sat only		✓
59	Thyme Out Café & Delicatessen	Homemade herb & garlic creme cheese crisp with olive tapenade vegan			
60	Wild Wines @ Random Restaurant	Organic Wines			
61	Novecento	Freshly baked slice of Novecento artisan pizza			
62	An Droichead Beag	Cocktail poppers			✓
63	Doyles	Fresh summer cocktail taster & more	Sat only		✓

# FÉILE BIA DHAINGEAN UÍ CHÚIS 2022



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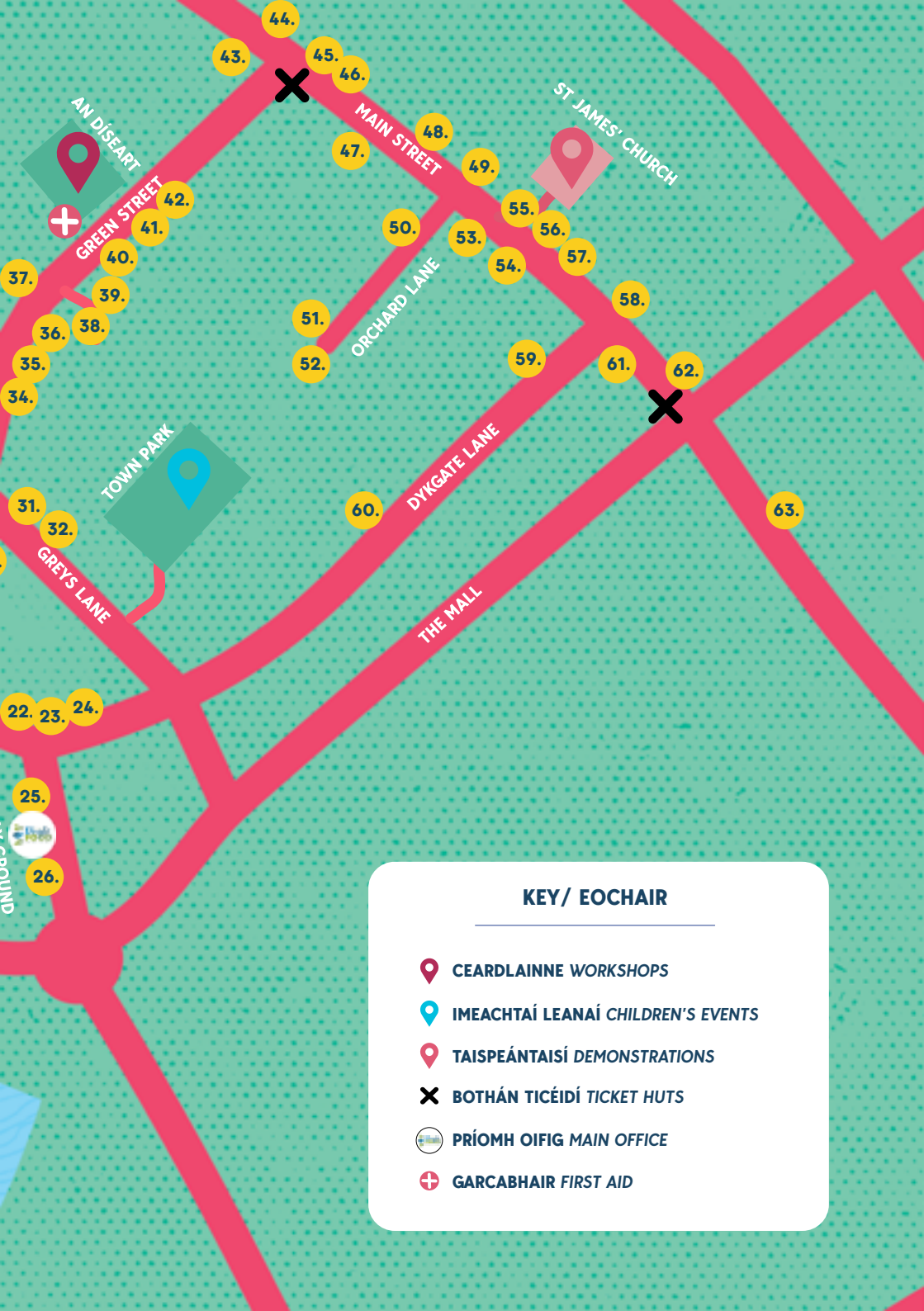
THE MARINA

STRAND STREET

THE TRACKS

THE HOLY GRO...





### KEY/ EOCHAIR

-  CEARDLAINNE WORKSHOPS
-  IMEACHTAÍ LEANAÍ CHILDREN'S EVENTS
-  TAISPEÁNTAISÍ DEMONSTRATIONS
-  BOTHÁN TICÉIDÍ TICKET HUTS
-  PRÍOMH OIFIG MAIN OFFICE
-  GARCABHAIR FIRST AID

**TICÉIDÍ | TICKETS:** [www.dinglefood.com/events/workshops/](http://www.dinglefood.com/events/workshops/)  
Limited numbers, booking advised.

## OMNOM

Aoibhneas Pantraí | *Pantry Bliss*  
 Dé hAoine 4:15in | *Friday 4:15pm*  
 An Díseart €5

Ní gá go mbeadh bia folláin deacair! Foghlaim conas cistin saor ó strus a chruthú chun go mbeidh sé níos fusa an rogha sláintiúil a dhéanamh gach lá!

*Healthy Eating does not have to be hard! Learn how to create a Stress-free kitchen to make the healthy choice the easier choice everyday!*



## Dingle Druid

Bia mar Leigheas, ag déanamh leighis as luibheanna le Juli, Draoi an Daingin | *Food as medicine, making herbal remedies with Juli the Dingle Druid*  
 Dé Satharn 10:30rn | *Saturday 10:30am*  
 An Díseart €20

Níl ach cúpla glúin ó thuigeamar ár bplandaí, luibheanna agus torthaí faine mar ábhair leighis. Tá an deis agat anois foghlaim faoin scil dearúda seo agus leighis ar nós leigheas geimhridh caor troim don gcasacht, finéagar ceirtlise sméar dubh lámhdhéanta, brandaí sceiche gile, Jin d'airní Chorca Dhuibhne, lóiseanna agus posóidí a bheith ar do chumas a dhéanamh. Ag míniú coipeadh, balsaim uachtair, ungar de mhil, céir na mbeach agus comhábhair nádúrtha ó ghairdín an draoi. Sa cheardlann seo cabhróidh Juli leat athcheangal a dhéanamh leis an nádúr agus foghlaim conas torthaí is caora cnuasaithe, agus ábhair eile nach iad, a úsáid mar leigheas. Beidh go leor samplaí saor in aisce ann le triail a bhaint astu.

*It is only a generation or two ago that we understood our wild plants, herbs and fruits as medicine. Now is your chance to learn about this forgotten skill and add remedies such as elderberry winter cough medicine, homemade blackberry cider vinegar, Hawthorn brandy, Sloe Dingle Gin, lotions & potions to your repertoire. Introducing fermentation, creams, balms, ointments by using honey, beeswax and natural ingredients from the Druid's garden. In this workshop Juli will help you to reconnect with nature and learn how to use the foraged fruits berries and more as medicine. Lots of free samples to taste.*





## Éiníní Nature Academy

Seisiún Spraoi Céadfach Míshlachtmhar

Sensory Messy Play Session

Dé Satharn, Dé Domhnaigh 11rn, 2in

Saturday, Sunday 11am, 2pm

Town Park €10

Seisiún Spraoi Céadfach Míshlachtmhar oiriúnach do leanaí ó 1 go 8 bliain d'aois. Bíonn ábhair gach seisiúin lámhdhéanta ag baint úsáid as comhábhar orgánach nádúrtha.

*Sensory Messy Play Session suitable for children of all abilities aged 1-8 years. All materials in each session are handmade using natural organic ingredients.*



## Beachaire Corca Dhuibhn

Tús le Beachaireacht | Introduction to Bee Keeping

Dé Satharn 1:30in | Saturday 1:30pm

An Díseart €10

Gach bliain bíonn tóir ar an gceardlann bheachaireachta agus tá sé tar éis go leor daoine a ghríosadh chun tabhairt faoin mbeachaireacht. Más maith leat beacha, ní mór duit triail a bhaint as an gceardlann seo, más spéis leat a bheith id' bheachaire nó más beachaire le roinnt taithí tú cheana féin. Beidh coirceog samplach i láthair chun go mbeidh tú in ann a fheiscint conas mar a oibríonn coirceog. Anuas air sin beidh mil ó roinnt beachairí difriúla i gCiarraí a léireoidh an éagsúlacht agus chun taispeáint cad ba cheart a bheith á lorg ag beachaire.

*Each year the beekeeping workshop has always proved to be extremely popular and has encouraged many to gain an interest in beekeeping. This workshop is a must for all bee enthusiasts, whether you want to become a beekeeper or whether you are already an experienced beekeeper. A demonstration hive will be on location where you can witness how a hive works. There will also be some honey from different beekeepers from the Kerry region to demonstrate the varieties and to highlight what a beekeeper should be looking for.*



## An Droichead Beag

Introduction to Cocktails

Dé Satharn, Dé Domhnaigh 2in, 5in

Saturday, Sunday 2pm, 5pm

An Droichead Beag €20

Léiriú praiticiúil ar mhanglaim. Cuirfear fáilte romhat le gloine prosecco le duine d'ár mheascairí go bhfuil taithí acu. Foghlaimeoidh tú faoi stair agus cúlra na manglam a déantar, fad is a dhéanann tú féin dhá mhanglam ónár liosta. Má bhaineann tú sult as an gcéad mhanglam, seans go mba mhaith leat triail a bhaint as ceann de na manglaim níos casta chun críochnú. Beidh roghanna gan alcól, gan glútan ag veigeánach ar fáil, ach iad a chur in áirithe roimh ré.

*A hands on introduction to cocktails. You will be met with a glass of prosecco from one of our experienced mixologists. You will learn about the history and background of the cocktails presented while making two of the cocktails from our list. If you enjoy the first cocktail you may like to try one of the more complex cocktails to finish. Non - alcoholic, gluten free and vegan options also available when booking ahead.*



## Wild Sage Bakery

Ceardlann Maisithe Cístí | Cake Decorating Workshop

Dé Satharn 3in | Saturday 3pm

An Díseart €30

Bí i dteannta Selena ó Bhácús Wild Sage do cheardlann de mhaisiú cruthaitheach ar chístí! Ag an gceardlann uair an chloig seo:

- Foghlaim conas do chiste seaclaíde 7" féin a chur le chéile (agus ansin a thabhairt abhaile!)
- Foghlaim conas do chiste a mhaisiú le flúirse bláthanna inite, duilleoga, cnónna, seaclaíde, caora, srl.
- Samplaí a bhlaiseadh d'fhuíollphíosáí do chiste.
- Sult a bhaint as chanta ciste agus cupán caife.
- roinnt oideas nua veigeánach a fhoghlaim!

*Come join Selena from Wild Sage Bakery for a workshop of creative cake decorating! In this one hour workshop you will:*

- Learn how to assemble your own 7" chocolate cake (and then take it home)!*
- Decorate your cake with an abundance of edible flowers, leaves, nuts, chocolate, berries etc to choose from!*
- Sample your cake cut offs!*
- Enjoy a slice of cake with some coffee.*
- Learn some new vegan recipes!*

\*Beidh rannpháirtithe in ann rogha gan glútan a lorg – díreach cuir rphost ag wildsagebakery@gmail.com tar éis duit áirithint a dhéanamh agus lorg ciste gan glútan orainn.

\*\*Bionn gach comhábhar 100% planda-bhunaithe.

*\*Participants can choose a gluten free option - just email wildsagebakery@gmail.com after booking to ask for a gluten free cake.*

*\*\*All items are 100% plant-based.*



**The Little Cheese Shop & Wild Wines (Sat)**  
**The Little Cheese Shop & Wines Direct (Sun)**  
Péireáil Fíon & Cáis | Wine and Cheese Pairing  
Dé Satharn, Dé Domhnaigh 4in, 3:30in  
Saturday, Sunday 4pm, 3:30pm  
Courthouse Pub €17

**Foghlaim conas cáiseanna agus fionta oiriúnach do bhlas a chéile a roghnú.**

**Satharn - Wild Wines ([www.wildwines.ie](http://www.wildwines.ie))**

Bí i dteannta Mark ón Siopa Beag Cáise agus Zeeshan ó Wild Wines don seisiún teagaisc seo faoi cháis agus fíon a mhaitseáil. Tabharfaidh Mark roinnt cáiseanna Éireannacha leis le blaiseadh fad is a thabharfaidh Zeeshan roinnt fionta le cur leis an gcaís.

**Domhnach - Wines Direct ([www.winesdirect.ie](http://www.winesdirect.ie))**

Bí i dteannta Mark ón Siopa Beag Cáise agus Fionnualla Harkin ó Wines Direct don seisiún teagaisc seo faoi cháis agus fíon a mhaitseáil. Tabharfaidh Mark roinnt cáiseanna Éireannacha leis le blaiseadh fad is a thabharfaidh Fionnualla roinnt fionta le cur leis an gcaís.

***Learn how to pair cheese and wine with ease!***

*Saturday - Wild Wines*

*Join Mark from The Little Cheese Shop and Zeeshan from Wild Wines ([www.wildwines.ie](http://www.wildwines.ie)) for this tutored pairing of cheese and wine. Mark will bring some Irish cheese for you to taste while Zeeshan will bring some wines to pair with the cheeses.*

*Sunday - Wines Direct*

*Join Mark from The Little Cheese Shop and Fionnualla Harkin from Wines Direct ([www.winesdirect.ie](http://www.winesdirect.ie)) for this tutored pairing of cheese and wine. Mark will bring some Irish cheese for you to taste while Fionnualla will bring some wines to pair with the cheeses. Follow Fionnualla on her instagram [@wineshedwestcork](https://www.instagram.com/wineshedwestcork) for her videos on wine tasting.*



**Two Turtle Doves Coffee**

**Déan Caife Iontach ag a Baile**

**Make Great Coffee at Home**

**Dé Domhnaigh 10:30rn | Sunday 10:30am**

**An Díseart €5**

Foghlaim conas caife iontach a dhéanamh ag a baile! Le beagáinín feasa agus spéise beidh tú in ann máistreacht a bhaint amach i ndéanamh caife. Beidh mé ag tabhairt taispeántas de na teicnící réitithe caife baile ar fad, ag míniú cad iad na difríochtaí eatarthu, srl. Anuas air sin, beidh mé ag cur mo chuid eolais féin ar fáil maidir le teacht ar chaife maith agus na gnéithe a théann isteach i gcaife iontach. Bí linn don seisiún spéisiúil seo.

*Learn how to make great coffee at home! With a little knowledge and a little interest you can master the cup of coffee. I will be giving a demonstration on all the home brewing techniques, how they differ etc. I will also be offering my knowledge on coffee sourcing & what makes a great coffee. Do come along for what will be an informative session.*



### **Greta's Herbs**

**Ag Fás luibheanna dod' Chistin**  
**Growing Herbs for your Kitchen**  
**Dé Domhnaigh 12in | Sunday 12pm**  
**An Díseart €15**

Foghlaim conas réimse iontach de luibheanna cistine a fhás go fuirist, luibheanna a chuirfeadh blas le fiú an mias is simplí amuigh. Beidh rogha de luibheanna i bpotáí agus Leabhar Luibheanna Greta ar díol.

Údar Greta's Herbs, Growing Wild in the West of Ireland, fuair Greta McCarthy O'Brien cáilíocht sa Churadóireacht Scíthe ó Gharraithe Náisiúnta na Lus sa bhliain 1983. Tá sí ag díriú isteach ar ábhar na luibheanna le breis agus 20 bliana. Tá plandlann Greta lonnaithe in Abhainn an Scáil, áit a fhásann agus a dháileann sí réimse leathan de luibheanna i bpotáí.

*Learn how to easily grow an exciting variety of culinary herbs to enhance even the simplest of dishes. A selection of potted herbs will be on sale and copies of Greta's Herb Book.*

*Author of 'Greta's Herbs, Growing Wild in the West of Ireland' - Greta McCarthy, O'Brien qualified in Amenity Horticulture at the National Botanic Gardens in 1983. She has specialised on the topic of herbs for over 20 years. Greta's nursery is based in Annascaul where she produces and distributes a wide selection of potted herbs.*



### **Milo & George, Nettie's Flowers**

**Flowers Without The Footprint**  
**Dé Domhnaigh 1:30in | Sunday 1:30pm**  
**An Díseart €30**



Geobhaidh na rannpháirtithe spléachadh ar dhá ghnó nua feirmeoireacht bláthanna agus léireofar dóibh na buntáistí a bhaineann le cur chuige séasúrach i leith bláthanna gearrtha. Bíonn idir bhia agus bhláthanna séasúrach dá nádúir, ags tá gá ann go nglacfadh daoine le cur chuige agus meon áitiúil inmharthana chmh fada is a bhaineann leis na hearraí seo. Bronnann sé go leor buntáistí.

Beidh taispeántais phraiticiúla ag úsáid bláthanna úra agus triomaithe ina chuid den imeacht seo, agus béarfaidh tú roinnt samplaí ded chuid féin abhaile leat. Anuas ar sin, geobhaidh tú plean beag iontach dod ghairdín séasúrach bláthanna le pacáiste saor in aisce de shíolta milo&george.

*Attendees will gain an insight into two new local flower farming enterprises and will be shown the benefits of a seasonal and sustainable approach to cut flowers. Both flowers and food are seasonal by nature and we need more people to adopt a local and sustainable mindset when it comes to these commodities. It brings many positives.*

*The event includes demonstrations using fresh and dried flowers and you will bring home some samples of your own. In addition, you will receive a fantastic micro plan for your own seasonal flower garden with a complimentary pack of milo&george seeds.*





## Irish Distillers

Máistir-ranganna Uisce Beatha | Whiskey Masterclasses

Satharn, Dé Domhnaigh 2:30in

Saturday, Sunday 2:30pm

Paul Geaney's Bar

€20

Is iad Irish Distillers príomh-sholáthraithe biotáille agus fionta na hÉireann agus is iad a dhéanann na saghsanna uisce beatha Éireannacha is mó aitheantais agus ratha ar domhan. Le Jameson chun tosaigh, déantar a mbranda a easphortáil go breis agus 130 margadh. Bunaithe sa bhliain 1966 ag Powers, Jameson agus Cork Distillers Company, tá siad mar phríomhchaomhnóirí agus nuálaithe Uisce Beatha na hÉireann le breis agus 50 bliana. Tá áiseanna tairgíochta acu ag Mainistir na Corann, Baile Mhistéala agus Fox and Geese i mBaile Átha Cliath. Táid ina gcuid de Group Pernod-Ricard. Beidh Matthew Smyth, Ambasadóir Uisce Beatha Irish Distillers ag tabhairt dhá mháistir-rang i rith an deireadh seachtaine.

**Satharn: Jameson Black Barrel, Green Spot, Redbreast 12, Powers John Lane 12**

**Domhnach: Method & Madness Family – Single Pot Stills, Single Grain & Single Malt**

*Irish Distillers is Ireland's leading supplier of spirits & wines & producer of the world's most well-known & successful Irish whiskeys. Led by Jameson, their brands are exported to 130+ markets. Founded in 1966 by Powers, Jameson & Cork Distillers Company they have been both the protector & chief innovator of Irish Whiskey for over fifty years. They have production facilities in Midleton, Mitchelstown & Fox and Geese in Dublin. They are part of Group Pernod-Ricard. Matthew Smyth, Irish Distillers Whiskey Ambassador will be delivering two masterclasses during the weekend.*

**Satharn: Jameson Black Barrel, Green Spot, Redbreast 12, Powers John Lane 12**

**Domhnach: Method & Madness Family – Single Pot Stills, Single Grain & Single Malt**

Cearlainn urraithe ag | Workshops sponsored by:





Ní Mór do gach leanbh a bheith  
i dTeannta Duine Fásta ag gach am  
agus iad i bPáirc an Bhaile.

Children must be supervised  
at all times by an adult that  
accompanies them to the park.

### Páirc Bhaile an Daingin | Dingle Town Park Satharn agus Domhnach, 12in – 4in | Saturday and Sunday, 12pm – 4pm

Tá an slí isteach go dtí Páirc an Bhaile lonnaithe ag bun Lána Ghrae. Tá Lána Ghrae trasna ó Leabharlann an Daingin ar Shráid an Doirín.

Lig do na leanaí taitneamh a bhaint as Seó Bóthair na nAinmhithe, Spraoi Míshlachtmhar, Caisleáin Preabarnacha, Zumba le DJ Nat agus Karen Flannery, agus Picnic na dTeidí. Beir leat do chairde!

The entrance to the town park is at the bottom of Grey's Lane. Grey's Lane is situated off Green Street, opposite Dingle Library.

Let the children enjoy the Animal Roadshow, Messy Play, Face Painting, Bouncy Castles, Zumba with DJ Nat & Karen Flannery and a *Teddy Bear's Picnic*, so bring your friends along.

### Péinteáil Aghaidheanna | Face Painting Satharn agus Domhnach, 12in – 2in | Saturday and Sunday, 12pm – 2pm

Is mór an spraoi d'aghaidh a fháil péinteáilte. Téanam ort go gclaochaítear do leanbh go banphrionsa álainn, ainmhí gleoite, sártaoch tréan, nó pé rud a ritheann isteach ina samhlaíocht! Is féidir le tuismitheoirí a n-aghaidheanna a fháil péinteáilte leis, más mian leo!

It's fun to have your face painted so why not transform children into pretty princesses, cute animals and superheroes or whatever their imaginations want! Parents can have their faces painted too!!

### Seisiún Spraoi Ceadfach Míshlachtmhar | Sensory Messy Play Session Satharn agus Domhnach, 11rn agus 2in | Saturday and Sunday, 11am and 2pm

Seisiún Spraoi Ceadfach Míshlachtmhar oiriúnach do leanaí ó 1 go 8 bliain d'aois. Bíonn ábhair gach seisiúin lámhdhéanta ag baint úsáid as comhábhar orgánach nádúrtha.

Sensory Messy Play Session suitable for children of all abilities aged 1-8 years. All materials in each session are handmade using natural organic ingredients. Limited Numbers - Booking Advised.

Imeachtaí Leanaí urraithe ag | Children's Events sponsored by::



# IMEACHTAÍ LEANAÍ CHILDREN'S EVENTS

## Zumba agus spraoi le DJ Nat agus Karen Flannery *Zumba, fun and games with DJ Nat and Karen Flannery* Domhnach, 2:30in | Sunday, 2:30pm

Tá aithne forleathan ar DJ Nat agus Karen as an spraoi a thabhairt isteach in aon chóisir. Ní haon eisceacht a bheidh ann anseo, mar go bhfuil sé láncinnte go mbéarfaidh siad leo togha an cheoil chun sibh a chur ag rince. Beidh fáilte roimh leanaí de gach aois agus is féidir le tuismitheoirí a bheith páirteach más mian leo cúpla punt a chailliúint tar éis an Cosán Blasta.

*DJ Nat & Karen are well known for adding fun to any party. This will be no exception as they are guaranteed to bring great tunes to get you dancing. Kids of all ages are welcome and parents can join in to burn off a few pounds from the Taste Trail.*

## Scileanna Sorcais le Caitríona Ní Mhurchú Dé Sathairn, 3in | Saturday, 3pm

Ar mhaith leat a bheith sa sorcas? Bígí linn sa pháirc chun roinnt scileanna sorcais a fhoghlaim, mar aon le píosa yoga agus aireachas. Beidh mala mór lán de ghiúrléidí againn, agus is cinnte go mbeimid ar fad ullamh don sorcas!



*Join us to practise your Circus Skills, try some yoga and some mindfulness. Our bag full of trick will have you circus ready in no time.*

*This event is sponsored by Dúchas an Daingin and will be run as Gaelainn.*

Tá an imeacht seo urraithe ag Dúchas an Daingin.

## Animal Roadshow

### Satharn, Domhnach, 12:15in – 3:45in | Saturday, Sunday, 12:15pm – 3:45pm

Músclóidh Marie agus Brendan ó Sheó Bóthair na nAinmhithe iontas agus meas don dúlra agus ainmhithe, ag ligint do dhaoine aithne phearsanta a chur ar a gcuid créatúirí beaga. Le breis agus 25 bliana de thaithí ag obair le hainmhithe agus 15 bliana i mbun gnó mar Sheó Bóthair na nAinmhithe, tá clár oideachasúil forbartha againn atá trialaithe go maith thar na mblianta, seó iriúnach do dhaoine de gach aois agus cumas. I rith an ama seo, tá an cothrom díreach ceart aimsithe againn idir spraoi agus foghlaim. Cuirtear teagmháil leis na n-ainmhithe ar fáil ar shlí atá caoin agus go bhfuil meas ag baint leis, chun cinntiú go mbíonn idir ainmhithe agus leanaí slán agus sásta.

*Marie and Brendan from the Animal Roadshow will generate excitement about nature and encourage a love for animals, offering first hand interaction with their creatures. With over 25 years of experience working with animals and 15 years in business as The Animal Roadshow, we have developed a tried and tested education program tailored for people of all ages and abilities. During this time, we have found the perfect balance between fun and learning. Our animal interaction is offered in a gentle and respectful way, to ensure both animals and children are safe and happy.*





## Siúlóid sa Mharglann | Walk in the Mart Satharn, 11:30rn | Saturday, 11:30am

**Buail ag An Droichead Beag ag 11.30rn agus siúil 2 nóiméad go dtí an Marglann.**

Ar mhaith leat spleachadh a fháil ar fhíor-mharglann bheo, nó fiú bó a cheannach agus na madraí caorach is fearr a fheiscint i mbun a ngnó? Más duine cathrach tú, nó díreach nach rabhais riabh ag an marglann cheana, seo do dheis. Tabharfaidh Derry Murphy, Cathaoirleach Sheó Talmhaíochta Chorca Dhuibhne, sibh ar shiúlóid ghairid tríd an marglann, ag insint a stair díbh, ag taispeáint beithígh díbh á ndíol is á gceannach agus - cár bhfios? - ag cabhrú leat do bhó féin a cheannach. Bain sult as féachaint ar fear caorach ag léiriú a chuid scileanna agus é i mbun taispeántas de thrialacha madra caoraigh. Cuir áit in áirithe nó díreach bí ann ar an lá. Fáilte roimh chách!

Ba mhaith le coiste na féile buíochas a ghabháil le Coiste na Marglainne as tacú leis an imeacht seo.

**Meet at An Droichead Beag at 11.30am and take a 2 minute walk to the mart.**

*Do you want to experience a real live mart or even buy a cow and see the finest sheep dogs in action? If you're a city slicker or have just never been to a mart before, now is your chance. Derry Murphy, Chair of the West Kerry Agricultural Show, will take you on a brief walk through the mart, informing you of its history, show you cattle being bought and sold and who knows, maybe even helping you to buy your very own cow. Enjoy watching a shepherd display his skills at a sheep dog trial exhibition. The festival committee would like to thank the Mart Committee for supporting this event.*

*Book a free place on this event or just turn up on the day. The more the merrier.*

## Searmanas Tine ag gabháil buíochais don bhfómhar Fire ritual, ceremony in gratitude for the harvest Dé Domhnaigh, 10:30rn | Sunday, 10:30am Dingle Druid's Garden

Bailigh le Draoi an Daingin do dheasghnáth tine ag gabháil buíochais don bhfómhar. Tá sé in am nasc a chruthú linn féin laistigh agus leis an timpeallacht nádúrtha mórthimpeall orainn. Ag ceiliúradh na Ré Láin. Deasghnátha fréamhaithe agus talmhaithe. Ag scaoileadh le rudaí agus ag déanam rúin. Raghfam ar thuras le hoiliúint leigheas spiorad na bplandaí Liathlus, Sceach Gheal agus Trom.

*Gather with the Dingle Druid for a fire ritual in gratitude for the harvest. Time to connect within & the natural world all around us. Celebrating the full Moon. Earthing, grounding, rooting rituals. Letting go and intention setting. We shall journey with the teaching of the plant spirit medicine of Mugwort, Hawthorn & Elder.*

**Booking via [www.dingledruid.com](http://www.dingledruid.com).**

Áirithintí tré [www.dingledruid.com](http://www.dingledruid.com)

## Carol Cronin Gallery Upper Green Street

Beireann péinteálacha mara ar scála ard de chuid Carol Cronin greim ar a ollmhór, a dhoimhin, is a throm is atá an aigéan. Tarraingíonn siad isteach thú. Is ionann a bheith ag féachaint ar na pictiúirí seo agus dul ar aistear mara amach i bhfarraige agus a duibheagáin bhorracha mhórtasacha.

“Níl aon duine tar éis breith ar na meandair solais, datha, suaimhnis agus suatheachta mar atá déanta ag Carol Cronin.” – Jimmy Deenihan, Aire Ealaíon, Oidhreacht agus na Gaeltachta (2011-2014)

## Tiny Art Pop-up Exhibition Disert Gardens

Tá Ealaín Bhídeach thar n-ais le saothair nua de chuid Jenny McCarthy agus Lynne Stratton. Is seánra é gluaiseacht na hEalaíne Bhídí a dhíríonn isteach ar fhíosaí bídeacha péinteála, greanadóireachta agus dealbhóireachta a dhéanamh.

## Crannchur Carthanachta ar Charr Seanré | Vintage Car Charity Raffle Available over weekend

Tá Recovery Haven Kerry Cancer Support House ar cheann de cheithre carthanachtaí roghnaithe ag Club Cairr Seanré agus Clasaic Ghleann Chill Airne chun leas a bhaint as a tionscadal athchóirithe bailithe airgid 2022 – le carr den déanamh Toyota Starlet 1982 atá athchóirithe go gleoite ar fáil mar dhuais i mbliana. Ar aon dul le tionscadail athchóirithe i mblianta eile, beidh siad ag reachtáil crannchur don Toyota Starlet ag deireadh na bliana, le ticéid ar fáil anois ar €10.

Beidh an teacht isteach ón gcrannchur ag dul i dtreo cheithre charthanachtaí: Cuan Mhuire, Craobh Chill Airne de Chumann Duán na hÉireann, Club Lúthchleas Ghleann Chill Airne agus an carthanacht tacaíochta ailse, Recovery Haven Kerry.

[www.carolcronin.com](http://www.carolcronin.com)  
FB: The Carol Cronin Gallery  
IG: @thecarolcroningallery

*Carol Cronin's large format seascape paintings, (some 6ft high), capture the vastness, depth and weight of the ocean. They draw you in. To view these paintings is to embark on an adventure into the sea and its rolling swelling depths.*

*“No one has captured those atmospheric moments of light, colour, serenity and turbulence like Carol Cronin.” – Jimmy Deenihan, Minister for Arts, Heritage and the Gaeltacht (2011-2014).*

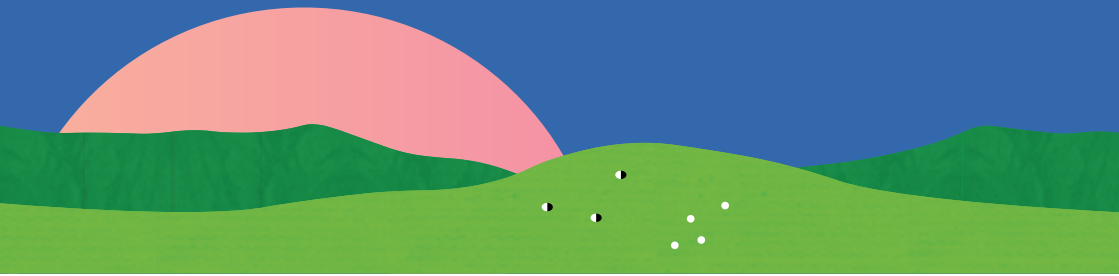
**Friday 11am – 6pm**  
**Saturday 11am – 7pm**  
**Sunday 11am – 3pm**

*Tiny Art is back with new works by Jenny McCarthy and Lynne Stratton. The Tiny Art movement is a genre with a focus on miniature painting, engraving & sculpture.*

Jenny McCarthy [www.ventrybeach.com](http://www.ventrybeach.com)  
Lynne Stratton [www.lynnestrattonsculpture.com](http://www.lynnestrattonsculpture.com)

*Recovery Haven Kerry Cancer Support House is one of four charities chosen by Killarney Valley Vintage & Classic Club to benefit from their 2022 restoration fundraising project – with a wonderfully restored 1982 Toyota Starlet up for grabs this year. Similar to other restoration projects in the past, they will be raffling the fully restored Starlet at the end of year, with tickets on sale over the weekend for just €10.*

*Proceeds from the sales will be going to four chosen charities, namely Cuan Mhuire, the Killarney branch of the Irish Kidney Association, Killarney Valley AC and cancer support charity, Recovery Haven Kerry.*



## Liam O'Neill Painting Raffle Disart Gardens

Píosa barántúil péinteála Ola ar Chanbhás déanta ag Liam Ó Néill. Raghadh gach brabús i dtreo charthanachta áitiúla.

*An Original Oil on Canvas painting by Liam O'Neill. All proceeds will go to a local charity.*

## Fundraising Concert for Eibhlín Ní Bheaglaoidh

**Aoine, 9in | Friday, 9pm**

**St Mary's Church €25**

Ar Shatharn 20ú Lúnasa, scriosadh tigh sinsearach chlann ceolmhar Uí Bheaglaoidh i dtine. Chun tacú le hEibhlín timpeall ar chostais mhaireachtála agus costais tógála amach anseo, beimid ag eagrú ceolchoirm bailithe airgid i Séipéal San Shéamas, An Daingean, ar Aoine 30 Mheán Fómhair.

*On Saturday the 20<sup>th</sup> of August, the ancestral home of the musical Begley family was destroyed in a house fire. To support Eibhlín with living costs and future building costs, we are organising a fundraiser concert in St. Mary's Church, Dingle, on Friday September 30<sup>th</sup>.*

*The lineup of artists for this concert will be announced shortly. Booking advised via Eventbrite.*

## Bia Corca Dhuibhne

**Satharn, 11:30rn | Saturday 11:30am**

**The Church Car Park, Green Street**



Déanfar seoladh ar Bia Dingle – Gréasán Bia Chorca Dhuibhne i gCarrchlós an tSáipéil, Sráid an Doirín, An Daingean, Co. Chiarraí ar Shatharn 1 Deireadh Fómhair 2022 ag 11:30rn mar chuid D'Fhéile Bia Dhaingean Uí Chúis. Fáilte roimh chách! Is cumann beomhar, comhoibrítheach, bia-dhíríte é Bia Dingle atá ionadaíoch ar iomlán leithinis Chorca Dhuibhne. Is feirmeoirí, iascairí, tairgeoirí, saothróirí, cnusaithe, chefeanna, bialannaithe, óstaigh, treoraithe, pairtnéirí agus curaidh sinn, nasctha le chéile chun ceiliúradh a dhéanamh ar stair agus oidhreacht bhia Chorca Dhuibhne. Beidh puball féile Bia Dingle ag an tslí isteach go dtí Carrchlós an tSáipéil ar feadh an deireadh seachtaine ar fad, le seastáin bhia, blaisithe, margáí agus ceol. Le hionadaithe ann ó Bia Dingle, Bord Iascaigh, Teagasc agus dreamanna eile, bí cinnte go mbeallann tú isteach 'féachaint cad a d'fhéadfadh Bia Dingle a dhéanamh duitse.

*The launch of Bia Dingle – The Corca Dhuibhne Food Network, will take place in The Church Car Park, Green Street, Dingle, Co Kerry on Saturday 1st October 2022 at 11:30am, as part of the Dingle Food Festival. Fáilte roimh gach éinne! Bia Dingle is a dynamic, collaborative, food-focused association representing the whole of the Dingle Peninsula. We are Farmers; Fishers; Producers; Growers; Foragers; Chef; Restaurateurs; Hosts; Guides; Partners; and Champions, joined in celebration of the food history and heritage of the Dingle Peninsula. The Bia Dingle festival tents will be at the entrance of the Church Car Park for the whole weekend, with food stalls, tastings, markets and ceol. With representatives from the Bia Dingle Team along with Teagasc, Bord Iascaigh Mara and others, be sure to drop by and say hi, and see what Bia Dingle can do for you. Bigú ann!*

## Blas na hÉireann

### Filleann & ar an nDaingean

Baileoidh na hiomaitheoirí sna babhtáí ceannais de Ghradaim Bhia na hÉireann sa shráidbhaile nua Blas ar Shráid an Doirín, le breis agus 350 tairgeoirí ó cheann ceann na hÉireann ag taisteal lena gcomhghleacaithe, teaghlaigh agus cairde le bheith páirteach ag an deireadh seachtaine i mbronnadh na ngradam, i ngréasánú, in imeachtaí agus i gceiliúradh ar bhia na hÉireann.

Is é seo an 15ú bliain de na gradaim, a dhéanann ceiliúradh ar togha agus rogha bia agus dí na hÉireann. Is é an seisiún blaiseadh 'dall' is mó in Éirinn. Rechtáladh an blaiseadh i gCorcaigh, i mBaile Átha Cliath agus sa Daingean i rith an tsamhraidh, leis na ceiliúrtha, na gradaim agus an bolscaireacht le titim amach sa Daingean arís uair eile.

Tá an 350+ tairgeoirí a bheidh ag tabhairt aghaidh ar an Daingean tar éis dul trí phróiseas dian moltóireachta agus tá an cúig áit is airde ina gcatagóir bainte amach acu. Is ollmhór an gaisec é dóibh.

Ba mhaith linn a iarraidh ar an bpobal agus lucht freastail na féile cabhrú linn chun comhgháirdeachas a dhéanamh leis na buaiteoirí agus ceiliúradh a dhéanamh ar na daoine páiseanta iontach seo atá ag cur barr feabhais ar bhia agus deoch na hÉireann.

## Ith Éire in aon Lá! | Eat Ireland in a Day!

### Sráidbhaile Blas, Sráid an Doirín | Blas Village, Green Street

Imeacht iontach nua mar chuid d'imeachtaí Blas agus deireadh seachtaine na féile bia. Margadh le tairgeoirí ó cheithre charn na hÉireann atá sna babhtáí ceannais ag na gradaim i mbliana.

Bí i láthair chun spéachadh a fháil ar togha agus rogha bia agus dí na hÉireann.

**Aoine, Satharn, Domhnach.  
Oscailte do chách!**

### Blas na hÉireann returns to Dingle!

*The Irish Food Awards finalists will gather together in the new Blas Village on Green St as over 350 producers from all across Ireland will travel with their colleagues, families and friends to take part in the weekends awards, networking, events and celebration of Irish food.*

*This is the 15th year of the awards which celebrate the very best of Irish food and drinks. It is the biggest blind tasting in Ireland. The tasting took place in Cork, Dublin & Dingle throughout the summer with the celebrations, awards and showcase taking place once again in Dingle.*

*The 350+ producers who will be coming to Dingle to celebrate the finalist stage have been through a rigorous judging process & have reached the top 5 in their category, it is a massive achievement.*

*We would like to ask the community and festival attendees to help us to congratulate and celebrate the wonderful, passionate people who are making the very best of Irish food & drinks.*

*Exciting new addition to the Blas events & food festival weekend. A market with producers from the four corners of Ireland who are all finalists in this year's awards.*

*Just come along and discover the very best of Irish food & drinks.*

**Friday, Saturday, Sunday.  
Open to all!**







## Health & Safety

### Garchabhair

Beidh stáisiún garchabhrach ar Shráid an Doirín ó 12in go 5in ar an dá lá. Beidh sé seo lonnaithe taobh thíos de Sháipéal Naomh Muire.

### Leanaí ar Strae

Abair le do leanaí go bhfuil oifig na féile ag Ionad na bPoll, timpeall an chúinne ó SuperValu agus trasna ó Stáisiún na nGardaí. Anuas air sin beidh botháin ticéidí i roinnt áiteanna ar an mbaile, chomh maith le Maoir féile.

## Parking

Anuas ar an ngnáthpháirceáil a bhíonn ar fáil ar an mbaile, tá páirceáil breise le fáil ag na hionaid seo a leanas:

- **Údarás na Gaeltachta**, Baile an Mhuilinn, An Daingean – tiomáin trí bhaile an Daingin thar an gcé agus an muiríne. Nuair a shroicheann tú an timpeallán téir díreach ar aghaidh agus tá foirgneamh an Údaráis thart ar 200m chun cinn ar an dtaobh clé.
- **Carrchlós an Chuain** – trasna ó chúil SuperValu Uí Ghairbhí
- **Carrchlós Phobalscoil Chorca Dhuibhne** – TABHAIR FAOI DEARA\*\*\* Dúnann an carrchlós seo ar an Satharn agus an Domhnach ag 7in. Ní bheidh fáil ar chairr a fhágfar ann ó 7in go dtí an lá dar gcionn.

Go raibh míle maith agaibh leis na heagrais a chuir na carrchlóis seo ar fáil dúinn agus siadsan a bheidh i bhfeighil na gcarrchlóis i rith an deireadh seachtaine.

### First aid

*There will be a first aid station on Green Street from 12pm to 5pm on both days. The will be located below St Mary's Church.*

### Lost Children

*Please let children know the festival office is on Holyground, Around the corner from SuperValu and opposite the Garda Station. There will also be ticket huts around the town along with festival stewards.*

*As well as the usual parking in the town additional car parking is available at the following locations:*

- **Údarás na Gaeltachta**, Milltown, Dingle – drive through Dingle past the Pier & Marina. When you get to the roundabout go straight over and the Udaras building is about 200 metres on the left.
- **Harbour Car Park** – opposite the back of Garvey's SuperValu
- **Pobalscoil Chorca Dhuibhne Car Park** – PLEASE NOTE\*\*\* This car park closes on Saturday and Sunday at 7pm. There will be no access to cars left in the car park after 7pm until the next day.

*Go raibh míle to those who provide these car parks to us and to those who man the car parks over the weekend.*



## BLDB - BÉAR LEAT DO BHABHLA | BYOB - BRING YOUR OWN BOWL

Tá sé d'aidhm againn go mbeadh Feile Bia Dhaingean Uí Chúis saor ó bhuscar, agus tá bhúr gcabhair de dhíth orainn chun seo a bhaint amach. Béar leat do ghréithre féin go dtí an fhéile ag baint úsáid as ag ceann ar bith de sheastáin bhia na féile. Faigh mála gualainne caddís saor in aisce ag ár sheastán eolais ag Lána Ghrae (trasna ón slí isteach go Páirc an Bhaile), fad is a bhíonn siad againn.

Mura bhfuil do ghréithre féin agat, is féidir Pacáiste Féile a cheannach go bhfuil gach rud ann a bheadh de dhíth ort chun bia álainn na féile a bhlaiseadh. Sa phacáiste tá pláta, babhla, cupán agus sceanra déanta as bambú atá caoin don timpeallacht agus in-athúsáidte, é ar fad a mála de chadás orgánach. Tá an eagrán teoranta seo ar fáil ar €12 ó oifig na féile, ag ár sheastán eolais agus ag siopaí áirithe ar fud an bhaile.

**Ná déan dearúd a rá go bhfuil tú ag lorg do chuid bia ar do ghréithre féin.**

Tá stáisiúin ghlanta ar fud an bhaile chun go mbeidh tú in ann do ghréithre a ghlanadh idir bhlaiseadh amháin agus an chéad cheann eile. Táid seo marcálta ar léarscáil na féile. Tá stáisiúin athlíoanta in aice na stáisiúin ghlanta chun gur féidir do bhuidéal uisce a athlíoanadh saor in aisce, a bhúochas sin do Chomhairle Contae Chiarraí.

Chun cabhrú linn inár n-aistriú go féile gan bhruscar, beidh láithreacha ar an gCosán Blasta agus seastáin margaidh ag baint úsáid as gréithre inmhúirínithe. Cuir na gréithre inmhúirínithe seo agus fuíollbhia sna boscaí bruscar inmhúirínithe nuair abhíshd sibh réidh leo, le bhúr dtoil.

I dteannta a chéile, is féidir linn a chinntiú go mbíonn Féile Bia Dhaingean Uí Chúis saor ó bhruscar. Is é an tionscnamh 'Daingean Saor ó Bhruscar' de chuid Aistriú Chorca Dhuibhne a d'fhorbair an smaoinemh seo.

*We are aiming to make the Dingle Food Festival Waste Free and we need your help to achieve this ambition. Bring your own tableware to the festival and use it at any of the festival's food outlets. Get a free organic cotton carry bag available at our information stall on Gray's Lane (opposite the entrance to the town park) while stocks last.*

*If you haven't brought your own tableware, you can purchase a Festival Pack which contains all you need to sample the delights of the Dingle Food Festival. The pack includes a plate, bowl, cup and cutlery made from durable and reusable eco-friendly bamboo in an organic cotton carry bag. This limited edition pack is available for just €12 at the festival office, at our information stall and at participating shops around town.*

**Don't forget to ask for your food to be served to you on your tableware.**

*Rinse stations are conveniently situated around the town for you to clean your dishes between tastings – see the festival map for locations. Water refill points are located next to the rinse stations, where you can refill your water bottle for free thanks to support from Kerry County Council.*

*To help us in the transition to zero waste, taste trail venues and market stalls are using compostable tableware. Please dispose of these compostables and food waste in the compost bins after use. Together we can make our Dingle Food Festival Waste Free. Brought to you by Transition Corca Dhuibhne's Plastic-Free Dingle initiative.*

# TÉARMAÍ ÚSÁIDEACH USEFUL TERMS

Gaelainn	English
<b>Conas tánn tú?</b> Pronounced: Kun-as tawn too?	<i>How are you?</i>
<b>Blaiseadh beag lea' thoil.</b> Blash-a b-yug lea' hull.	<i>A small taste please.</i>
<b>Ba bhreá liom é sin lea' thoil.</b> Bah vra lum ay shin lea' hull.	<i>I'd love that please.</i>
<b>Tá ocras orm.</b> Thaw uk-rus uh-rum.	<i>I'm hungry. (I have hunger on me.)</i>
<b>Tá ocras an domhain orm</b> Thaw uk-rus on dow-in uh-rum	<i>I'm really hungry. (I've the hunger of the world on me.)</i>
<b>Táim stiúghtha!</b> Thawm ste-uhg-ha!	<i>I'm starving!</i>
<b>Beidh airc ocras orm!</b> Beg ark uk-ris uh-rum	<i>I'll be famished!</i>
<b>An bhfuil tart ort?</b> On vwil tart urt?	<i>Are you thirsty?</i>
<b>Bhíos spallta!</b> V-us spawl-ta!	<i>I was parched!</i>
<b>Tá boladh aoibhinn air</b> Thaw bla evin air	<i>That has a lovely smell</i>
<b>Tá blas ana dheas air sin</b> Thaw bloss on-a yass air shin	<i>That has a very nice taste</i>
<b>An bhfuil sé milis?</b> On vwil shay mill-ish	<i>Is it sweet?</i>
<b>An bhfuil sé géar?</b> Is it sour?	<i>On vwil shay gaer?</i>
<b>An bhfuil sé searbh?</b> On vwil shay shar-iv?	<i>Is it bitter?</i>
<b>An bhfuil sé spíosrach?</b> On vwil shay spees-ruck?	<i>Is it spicy?</i>
<b>Tá sé blasta!</b> Thaw shay bloss-ta!	<i>It's tasty</i>
<b>Ceannód san!</b> Ke-yan-oh-id son!	<i>I'll buy that!</i>
<b>An mbeidh piúnt agat?</b> On meg pew-nt a-gut?	<i>Will you have a pint?</i>
<b>Beidh sé againn don mbricfeast!</b> Beg shay ah-gwin done mrik-fast!	<i>We will have it for breakfast!</i>
<b>Gaelainn abú!</b> Gwail-in ab-oo!	<i>Go on Irish!</i>
<b>Is breá liom Féile Bhídh an Daingin</b> Iss bra lum Fay-la Veeg an Dang-in	<i>I love the Dingle Food Fest!</i>

Fuair Féile Bia Dhaingean Uí Chúis 2022 tacaíocht ó  
*The 2022 Dingle Food Festival is Supported by*



An Roinn Turasóiríochta, Cultúir,  
 Fáilíon, Gaeltachta, Spóirt agus Meia  
 Department of Tourism, Culture,  
 Arts, Gaeltacht, Sport and Media



**CCCD**  
 Comhairle Cheardomhna  
 Choita Dhuibhne Teoranta

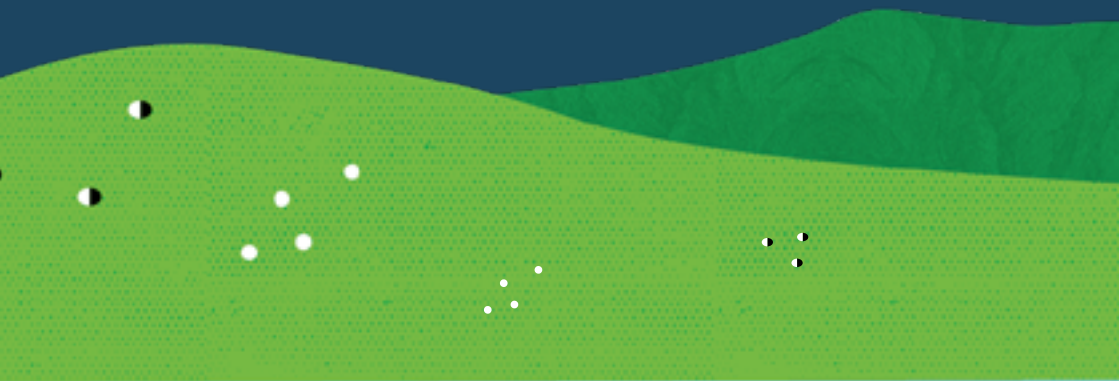


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**Comhairle Contae Chiarraí**  
**Kerry County Council**





RINSE and RE-USE led' thoil 🍷